



Eyecare Plus®

OPTOMETRISTS

WELCOME TO OUR SERVICES

More than just a standard eye test

BANKSTOWN | BROADWAY | CHULLORA | HILLSDALE | KAREELA | ROSELANDS

www.eyecarevision.com.au



MOST SATISFIED CUSTOMERS
OPTICAL STORES 2018-2020



Welcome to our practice!

Thank you for choosing us to provide quality eye care for you and your family. You already know that we have a large range of premium frame brands and lenses. You know that we will make sure your glasses are perfect. What you may not know is all the amazing services we have to look after your eyes!

Did you know that Eyecare Plus is a two-time winner for “Most Satisfied Customers” in Australia? (Canstar Blue 2018-2020) Our services are 5-star quality!

Here are 4 great reasons to share with your family and friends as to why they should come and see us!



5-star rating with Canstar Blue in areas of overall satisfaction, service and advice, after-sale service, range of products available, customer service and accessibility of store—three years in a row! (canstarblue.com.au)



5-star rating with Eyecare Plus national accreditation



Multiple business awards including finalist for the Local Business Awards and Optus My Business Awards



One of the top 3 optometrists in Sydney belongs to our group of optometrists—Dr Soojin Nam (ThreeBestRated.com.au)

We are ready to look after your Eyes!

Your team at Eyecare Plus

Our Commitment to You

The optometrists at Eyecare Plus are committed to:

The achievement of clinical excellence through education and training, and to the maintenance of that excellence through experience and life-long learning.

The integration of intellectual skills from education with innovative tools from technology to enable accurate diagnosis and optimal patient case management.

Give patient access to state-of-the-art technology in ophthalmic lens design and materials, and spectacle frames which are affordable as well as fashionable.

Outstanding personal service that is comprehensive, accurate, courteous, accountable, and as punctual as we can be without rushing more complex patients.



Our Services



SERVICE FEES

- General Eye Tests
- Children's Eye Tests
- Private Billing

DETECTION, PREVENTION AND CO-MANAGEMENT WITH YOUR GP AND OPHTHALMOLOGIST

- CheckUp Plus Macula
- CheckUp Plus Glaucoma
- CheckUp Plus Diabetic Retinopathy
- CheckUp Plus Myopia
- CheckUp Plus Cornea



DRY EYES AND BLEPHARITIS

- Blephasteam
- Intense Pulsed Light (IPL)
- Blephex

CLEAR CHOICE CONTACT LENSES

- New Contact Lens Wearers Package
- New Multifocal Contact Lens Wearers Package
- Existing Contact Lens Wearers Package Deal



COLOURED CONTACT LENSES

- Coloured Contact Lens Package

SPECIALTY CONTACT LENSES

- Corneal Rigid Contact Lens Program
- Miniscleral Rigid Contact Lens Program
- Hybrid Contact Lens Program



A FOCUS ON CHILDREN'S VISION

- Behavioural Optometry Visual Skills
- Cyclopeic Refraction
- Myopia Management
- Strabismus & Amblyopia

ADDITIONAL PAEDIATRIC TESTS

- Developmental Vision Informational Processing (DVIP)
- Colour Vision
- Pattern Glare / Overlay Test
- Colour Field (Syntonic)

VISION THERAPY

- Eye Focusing
- Eye Teaming
- Eye Tracking
- Strabismus / Amblyopia
- Visual Processing Difficulties

COMPUTERISED HOME VISION THERAPY

- PTS (Perceptual Therapy Systems)
- Vision Builder
- Tomatis Program
- COGMED

MYOPIA MANAGEMENT WITH CONTACT LENSES

- MiSight Contact Lens (1-day lenses)
- Natural Vue (1-day lenses)

MYOPIA MANAGEMENT WITH MIYOSMART

- MiSight Contact Lens (1-day lenses)

ORTHO-K LENSES

- Ortho-K with mild myopia
- Ortho-K for toric or high myopia





SERVICE FEES

According to Optometry Australia: People at high risk for glaucoma, diabetic retinopathy, retinal detachments and macular degeneration should get a complete eye exam, including eye dilation, every one or two years.

GENERAL EYE TESTS

The general eye test component is bulk billed for eligible Medicare Card Holders.

Please note: Medicare does not cover for additional diagnostic tests which are necessary for monitoring and managing preventable eye disease.

General Eye Test - Adults	Bulk-bill available	
Medicare Rebate	Item no. 10910 / 10911	\$58.55
	Item no. 10918	\$29.35
Additional Diagnostic Tests	30 min Ocular Health Imaging	\$60
	60 min Detection, Prevention and Co-management	\$120

For a more comprehensive suite of tests, please refer to **CheckUp Plus**

*Senior Card holder discounts may apply.

CHILDREN'S EYE TESTS

Please note: Additional fees are for extended visual skills, behavioural optometry and imaging tests as required at the time of the appointment.

Medicare Rebate	Item no. 10910	\$58.55
	Item no. 10918	\$29.35
Additional Paediatric Tests	6-months	
	30 min	\$40
	New and >12 months	
	30 min Binocular Vision and Eye-teaming	\$60
	60 min Cyclopegic refraction, Myopia management, Strabismus & Amblyopia	\$120

* Fee includes Central Retinal Imaging (excludes wide-field and OCT).

** Infant and Pre-schoolers - Additional tests may be required and any out-of-pocket fees will be explained at the time of the eye test.

*** Ortho-k and Miyosmart fees are inclusive for all diagnostic retinal and corneal imaging tests for 12 months.

PRIVATE BILLING (For patients without a Medicare Card)

A Central Image is included to check the back of your eyes so that you are screened for any serious eye diseases. This fee may be claimable for international health fund holders.

Long consultation \$90 (30 min)
Short consultation \$50 (15 min)

Please note: Additional private Out-of-pocket fees may apply.

DETECTION, PREVENTION AND CO-MANAGEMENT

CHECKUP + GUARANTEE

\$120 Gap Fee

This means that you will receive all the necessary diagnostic tests and you will only pay \$120 per visit. This is because we want you to have the best care but not have to worry about escalating fees. It's only \$120 for all the tests you will need to make sure your eyes are okay. That's it.

(Tests may need to be repeated 6-monthly or yearly depending on your individual risk factors)

CHECKUP PLUS MACULA* 60 minutes



The macula is the most important part of the eye, providing central “fine detail” allowing us to perform our daily tasks. Many eye conditions may affect this area, hence proactive examinations are important. This exam includes additional tests such as a **central 45° retinal imaging** and **OCT** of the macula, advice on dietary and lifestyle changes, Amsler grid monitoring, vitamin supplements, and a report for your GP. We will discuss low vision aids if useful.

Why it is important:

People over the age of 50 are at risk of macular degeneration. In fact, one in seven Australians over 50 (or 1.29 million people) has some evidence of this disease. People with a direct family history of macular degeneration have a 50% chance of developing the disease. Because at least 70% of cases of macular degeneration have a genetic link, it is critical that people with macular degeneration inform their siblings and children that they have been diagnosed with the disease.

CHECKUP PLUS GLAUCOMA* 60 minutes



Glaucoma is known as the “silent thief of sight” in which irreversible damage to the nerve fibres of the optic nerve occur with no symptoms. This exam includes additional tests such as a **central 45° retinal imaging** and **OCT** of the optic nerve, **intraocular pressures**, **visual fields**, **corneal thickness measurement (pachymetry)**, an assessment of anterior chamber drainage angles (**gonioscopy**) and a report for your GP.

You are six times more likely to get glaucoma if you are over 60 years old. Family history increases risk of glaucoma four to nine times. Some evidence links steroid use to glaucoma with a 40% increase in the incidence of ocular hypertension and open-angle glaucoma in adults who require approximately 14 to 35 puffs of steroid inhaler to control asthma. Injury to the eye may cause secondary open-angle glaucoma. This type of glaucoma can occur immediately after the injury or years later. Other risk factors include: high myopia, hypertension, central corneal thickness less than .5 mm.

CHECKUP PLUS DIABETIC RETINOPATHY* 60 minutes



Diabetes is a disease which ultimately affects all blood vessels including those at the back of the eyes leading to serious effects such as leakage of the vessels. This exam includes additional tests such as a **central 45° retinal imaging** and **OCT** of the macula and posterior pole, and a report for your GP.

Gap Payment: \$40

Why it is important:

Approximately 1.7 million Australians have diabetes. This includes 1.2 million Australians with diagnosed (known) diabetes. Of these, over 300,000 (25-35% of people) have some degree of diabetic retinopathy, and about 65,000 have progressed to sight-threatening eye disease.

*Please note: Fees are in addition to any applicable Medicare billing.

DETECTION, PREVENTION AND CO-MANAGEMENT

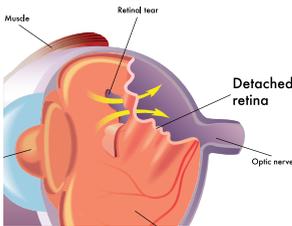
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(Tests may need to be repeated 6-monthly or yearly depending on your individual risk factors)

CHECKUP PLUS MYOPIA (Peripheral Retina)* 60 minutes



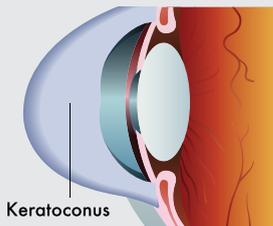
Myopia is not just a refractive condition that requires glasses to see clearly in the distance. Myopia carries additional risks that can lead to severe eye disease and blindness. The prevalence of myopia has increased to the point that the World Health Organisation (WHO) calculates that half the world will be myopic by 2050.

This exam includes additional tests such as a **central 45° retinal imaging** and **OCT** of the macula, **corneal thickness measurement (pachymetry)** and a report for your GP.

Why it is important:

Myopia has a risk factor for myopic maculopathy, cataracts and glaucoma. The risk factor for retinal detachments increases as the power increases compared to those who have 20/20 vision. For spectacle powers between -1.00 to -3.00, the risk factors increase by (4x), -3.00 to -6.00 (10x), -6 and greater (16x).

CHECKUP PLUS CORNEA 60 minutes



Keratoconus is a common corneal disorder where the central or paracentral cornea undergoes progressive thinning and steepening causing irregular astigmatism. This exam includes additional tests such as an anterior **OCT** of the cornea, **corneal thickness measurement (pachymetry)** and **computerised topography mappings**.

Why it is important:

The incidence of keratoconus is often reported to be 1 in 2000 people. Onset is typically in early adolescence and progresses into the mid-20's and 30's. However, cases may begin much earlier or later in life.

***RETINAL FUNDUS DILATION:** Please note that these tests will require eye dilation. Dilating drops are put into your eyes to make your pupils bigger for a few hours so that our optometrist can take a thorough look at the back of your eyes. It aids in early disease detection. You may be required to come in 30 minutes prior to your appointment for the instillation of these drops.

*Please note: Fees are in addition to any applicable Medicare billing.



How much could you potentially save?

Glaucoma Assessment Example Comparison of cost Ophthalmologist vs Optometrist

WITH COMPARABLE DIAGNOSIS & EQUIPMENT

Diagnostic Tests (required 1-2 every year)	Ophthalmologist	Our Optometrist
Initial consultation	Charge \$150 - \$250 (Medicare rebate \$72.75)	(Medicare bulk-billed)
OCT, Retinal Imaging, Pachymetry and additional tests	\$250	\$120
Visual Fields	\$150 - \$250 (Medicare rebate \$57.60)	(Medicare bulk-billed)
Out of Pocket expenses	\$419.65 - \$619.65	\$120

When do you need to see an eye specialist or ophthalmologist?

You need to see an eye specialist or ophthalmologist when you need medical treatment for a serious eye condition like macula degeneration and glaucoma. For most patients who are worried about having an eye problem, it is important to screen for early changes so that they can be monitored and managed sooner rather than later. Our optometry practices can help you by providing quality diagnostic eye care for a fraction of the cost of seeing the ophthalmologist. Our optometrists can monitor you closely and save you both time and money whilst giving you peace of mind. Our optometrists will refer you when it is necessary to do so and not before.

*Please note: Fees are in addition to any applicable Medicare billing.

Compare Our Rates with Other Optometry Practices'

EYE TEST PACKAGES

CLASSIC PACKAGE

GET THE BASIS RIGHT

This standard eye test is bulk billable for eligible Medicare card holders and services. It involves eye tests carried out at various distances to help identify issues with day-to-day vision, and includes professional advice on eye health as well as the best way to address any problems using glasses, contacts or sunglasses.

In short: Our absolute minimum eye test

Time: 20 to 30 minutes

Cost: Bulk billable for eligible Medicare card holders and services.

ESSENTIALS PACKAGE

LOOK A LITTLE DEEPER

Every eye test checks your vision. You'll also undergo Digital Retinal Retinal Photography, a powerful tool that helps optometrists detect serious eye diseases including glaucoma, macular degeneration and retinal changes that may be associated with diabetes.

In short: The classic eye test with a Digital Retinal Scan & Visual Field Screening

Time: Around 30 minutes

Gap payment: \$50*

ESSENTIALS PLUS PACKAGE

Builds on our Essentials Package to include Visual Field Screening and an Ultra Wide Digital Retinal Scan that is 4x wider than a standard Digital Retinal Scan, revealing far more of the retina and blood vessels to assist with early detection of ocular and general health issues that relate to retinal changes. The Optos Daytona Ultra Wide Digital Retinal Scan is available in selected stores. Comparing scan results year after year helps optometrists detect subtle changes in your retina.

In short: Our recommended level of eyecare for everyone, particularly the short sighted and over 40s

Time: Around 30 minutes

Gap payment: \$75*

ESSENTIALS PREMIUM PACKAGE

Benefit from all the tests, scans and screenings in our Essentials Plus Package, with the added reassurance of an [Optical Coherence Tomography \(OCT\)](#) exam that looks deep below the visible surface of the eye to reveal the hidden layers beneath, along with any issues that would be very hard to detect early without this ground-breaking technology.

In short: Our all-encompassing level of eyecare for those who wish to be proactive about their eye health

Time: Around 60 minutes

Gap payment: \$150*

TESTS FOR SPECIAL CONDITIONS

DIABETES EYECARE[^]

Diabetes is Australia's fastest-growing chronic disease and many diabetics suffer from diabetic retinopathy, a key cause of blindness in working age people[^]. The good news is that retinopathy can be detected by retinal evaluation and imaging, which is included in Diabetes Total Care Package. Please consult with your optometrist in store to see if this package is appropriate for you. It is based on the Essentials Premium Eye Test Package with additional condition-related testing, tailored to the specific needs of diabetics or those with a family history of diabetes.

Time: Around 60 minutes for the initial consultation

Cost: Maximum \$250 per year*

MACULAR DEGENERATION EYECARE^{^^}

Macular degeneration is an age-related condition that causes vision impairment (even blindness) in around 100,000 Australians^{^^}. Changes in the tissue at the back of the eye can be detected by retinal evaluation and imaging, which is included in the Macular Degeneration Total Care Package. Please consult with your optometrist in store to see if this package is appropriate for you. It is based on the Essentials Premium Eye Test Package, with additional condition-related testing, and is tailored to the specific needs of those at greater risk of macular degeneration, including people over 50, smokers and those with a family history of macular degeneration.

Time: Around 60 minutes for the initial consultation

Cost: Maximum \$250 per year*

GLAUCOMA EYECARE[†]

Over 200,000 Australians have glaucoma, half of them remaining undiagnosed[†]. The condition gradually and painlessly deprives sufferers of their peripheral vision and progresses if left untreated. Once diagnosed, it can usually be treated with eye drops.

Glaucoma can be detected by a pressure check, visual field examination and optic nerve evaluation, all included in the Glaucoma Total Care Package. Please consult with your optometrist in store to see if this package is appropriate for you. It is based on the Essentials Premium Eye Test Package, with additional condition-related testing, and is tailored to the specific needs of people over 50 with a family history of glaucoma.

Time: Around 60 minutes for the initial consultation

Cost: Maximum \$250 per year*



DRY EYES AND BLEPHARITIS

www.dryeyesclinic.com.au

These additional dry eye tests and treatments requires additional time and a separate appointment is likely required. Treatments are based on your suitability.

BLEPHASTEAM



Blephasteam is an in-office treatment that feels like a "Spa for the Eyes". This comforting technology uses a special eyelid-warming chamber to increase blood flow into the eyelids and melt thickened oil that blocks the Meibomian glands. Importantly, our optometrist will include a Meibomian gland massage and lid debridement to remove blocked meibum and eye drops to remove meibum debris from your cornea. Ideal for dry eyes with Meibomian gland dysfunction.

Recommended: 4x-6x weekly treatments and then 6-12 monthly as required.

\$50/session

- Blephasteam only

\$80/session

- Includes Meibomian gland massage
- Lid debridement

INTENSE PULSED LIGHT (IPL)



Intense Pulsed Light (IPL) is a new treatment from 2012, that treats the root cause of the dry eye problem with light pulses that penetrates the tissue, creates heat and targets the abnormal blood vessels that are the cause of dry eyes. IPL technology treats the skin and eyelid inflammation by removing the abnormal vessels. The session includes Blephasteam, Meibomian gland massage and a simple lid debridement. Ideal for dry eyes with inflammation, ocular rosacea and Meibomian gland dysfunction.

Recommended: 4x-6x fortnightly treatments and then 6-12 monthly as required. Patient consent form is required.

\$800 for 4 Prepaid Sessions

- Includes Blephasteam
- Meibomian gland expression
- Lid debridement

BLEPHEX



Blepharitis is a chronic, inflammatory disease of the eyelids caused by an overgrowth of normal bacteria. Using BlephEx, your optometrist can directly clean and exfoliate your eyelids and eyelashes, and remove the biofilm, which will almost immediately improve your symptoms and help control the long-term damage to your oil glands. BlephEx is an in-office Lid Debridement that feels like an electronic brush for your eyelids.

\$150/session

- Includes Blephasteam and lid debridement treatment

NULIDS



Nulids is a blepharitis and MGD treatment. The oscillating Soft Tip desing works by gently stimulating and rejuvenating the meibomian glands. Nulids has been show to remove scurf, improve meibomian gland effectiveness and increases tear secretions here here by 81%.

\$90/session

*Please note: Fees are in addition to any applicable Medicare billing.



CLEAR CHOICE CONTACT LENSES

Whether daily disposables, fortnightly or monthly, we have a comprehensive range of contact lenses and contact lens solutions readily available.

The Clear Choice contact lens range benefits from ordering from our practices:



Free Delivery
To Your Door



Price Match
Guarantee



Satisfaction
Guarantee

NEW Contact Lens Wearers Package

This applies to both spherical and toric prescriptions.

\$120

Total Value \$220, Save \$100

NEW Multifocal Contact Lens Wearers Package

\$160

Total Value \$260, Save \$100

Existing Contact Lens Wearers Package

Upgrade to a better contact lens material!

\$40 to \$120

Total Value \$140, Save \$100

Our Clear Choice New Wearers Packages all include:

- ✓ Fitting, delivery and aftercare appointments for spherical and toric prescriptions
**Includes corneal topography mapping as required*
- ✓ Insertion and removal training sessions
- ✓ **FREE** 30 day wear of Clear Choice contact lenses or trials as available from other suppliers



COLOURED CONTACT LENSES

NEW Wearers Coloured Contact Lens Package

AirOptix Package

Includes 1 month AirOptix pair with colour of your choice.



\$90

Just add \$50 for additional pair
Promotion Code: XDAOC

FreshLook One Day Package

Includes 10 pairs of daily coloured contact lenses of your choice.



\$90

Just add \$50 for additional 10 pairs

Additional insertion and removal training sessions

\$40

Contact lens aftercares are Medicare-bulk-billed

Contact lens prescriptions are valid for 2 years. Continuing to use the same prescription without an optometric assessment is at your own risk and is not recommended. If your prescription is higher than -5 or +5 and/or your astigmatism is higher than -3, you may be eligible for Medicare bulk-billed contact lens assessments.

*Please note: Fees are in addition to any applicable Medicare billing.



SPECIALTY CONTACT LENSES

Specialty contact lens fittings are complex, requires several extended appointments and additional time for the optometrist to calculate and follow up with the supplier.

Corneal Rigid Contact Lens Program (1 pair)

*Special Offer: 20% OFF program for re-fit of lenses at 18-24 months

\$1600

Consultation	\$750
Corneal Lens	\$750

Miniscleral Rigid Contact Lens Program (1 pair)

*Special Offer: 20% OFF program for re-fit of lenses at 18-24 months

\$2200

Consultation	\$950
Miniscleral	\$1250

Hybrid Contact Lens Program (2 pairs)

*Special Offer: 20% OFF program for re-fit of lenses at 18-24 months

\$2000

Consultation	\$900
Hybrid	\$1000

PROGRAM

Program is inclusive of all consultation fees relating to the fit of the specialty contact lens for 3 months which includes the following:

- ☑ Initial corneal mapping and suitability assessment (1 hour consultation)
- ☑ Specialty contact lens delivery and use and care instruction
- ☑ First overnight assessment
- ☑ First week assessment
- ☑ First month assessment
- ☑ Inclusive of topography mapping and any additional retinal imaging for the first 12 months
- ☑ 6 monthly reviews are recommended to ensure optimum fit and health

GIFT PACK for NEW WEARERS

FREE GIFT Solution and eyedrops bundle. Includes 3 months supply of disinfecting solution and eye drops as follows:

- ☑ Multipurpose cleaning solution
- ☑ Saline
- ☑ Protein Cleaner
- ☑ Lubricating Eyedrops
- ☑ Suction cups
- ☑ Starter Kit

PEACE OF MIND

- ☑ Refund Guarantee (less \$495) if unsuccessful after 3 months
- ☑ FREE replacement of a broken or lost specialty lens within 3 months of receiving the first specialty lens pair
- ☑ For replacement costs after the first 3 months up to the 6 months period, 50% off the original CL price
- ☑ If more than 3 fits are required due to the complex nature of the fit, a replacement fee may be incurred and your optometrist will advise

*Please note: Fees are in addition to any applicable Medicare billing.



A FOCUS ON CHILDREN'S VISION

80% of learning is through vision. Eyecare Kids services are designed not only for clear, comfortable vision but to ensure that their eyes work together as a team. We'll assess how their eyes and brain process visual information to give them the best possible vision to reach their full learning potential! Our practice has additional services with a modest fee to cover the extra tests.



VISUAL SKILLS

In addition to the initial comprehensive eye test, a behavioural assessment takes a closer look at their eye focussing, eye teaming and eye tracking skills as well as screen for possible vision processing difficulties. For significant binocular conditions such as convergence insufficiency, a review may be recommended 6 - 12 monthly.



CYCLOPLEGIC REFRACTION

Certain prescription such as latent hyperopia, astigmatism and progressive myopia as well as binocular problems such as strabismus and amblyopia may require a cycloplegic refraction. Drops (which do sting a little for a few seconds) are used to help relax the focussing system and help the optometrist determine their prescription objectively. Cycloplegia takes up to 1 hour to dilate and sight can feel blurry for a few hours afterwards.



MYOPIA MANAGEMENT

For children requiring myopia control monitoring and regular review of their binocular visual skills. Regular cycloplegia refractions may be required if dynamic retinoscopy results are not stable as well as topography mapping. This fee is included in the Ortho-k program.



STRABISMUS & AMBLYOPIA

For children requiring strabismus and/or amblyopia monitoring and regular review of their spectacle prescription, angle of deviation, suppression and patching regimen. Regular cycloplegia refractions may be required.

CHILDREN'S EYE TESTS

Please note: Additional fees are for extended visual skills, behavioural optometry and imaging tests as required at the time of the appointment.

Medicare Rebate	Item no. 10910	\$58.55
	Item no. 10918	\$29.35
Additional Paediatric Tests	6-months	
	30 min	\$40
	New and >12 months	
	30 min Binocular Vision and Eye-teaming	\$60
	60 min Cycloplegic refraction, Myopia management, Strabismus & Amblyopia	\$120

* Fee includes Central Retinal Imaging (excludes wide-field and OCT).

** Infant and Pre-schoolers - Additional tests may be required and any out-of-pocket fees will be explained at the time of the eye test.

*** Ortho-k and Miyosmart fees are inclusive for all diagnostic retinal and corneal imaging tests for 12 months.

*Please note: Additional private Out-of-pocket fees may apply



ADDITIONAL PAEDIATRIC TESTS

DEVELOPMENTAL VISION INFORMATION PROCESSING (DVIP) 1.5-2 hours



A DVIP assessment is a battery of tests that will investigate how a child processes all the information they see. A DVIP includes a short break. Tests explore how the individual performs in: Visual Spatial, Visual Analysis, Visual Discrimination, Visual Memory, Visual Sequential Memory, Visual Auditory, Visual Motor skills assessments. Includes DEM and VOS.

\$350*

**Fee includes a results report for teacher/school.*

GIBSON TEST OF COGNITIVE SKILLS

Measure seven key foundational skills: Working Memory, Long-Term Memory, Processing Speed, Auditory Processing, Visual Processing, Logic & Reasoning, Word Attack Skills

\$150

COLOUR VISION 30 minutes



Additional test with the D15 and the Fansworth Lantern can be provided if a child fails the Ishihara test during an eye test. Fee includes a standard results report for teacher/school.

\$100

PATTERN GLARE / OVERLAY TEST 30 minutes



When a pattern glare dysfunction is identified, the Centrium overlay test can help identify if certain colour filters can reduce visual discomfort that clear spectacle lenses cannot alleviate

\$100*

**Fee includes one overlay to take home.*



COLOUR FIELD (SYNTONICS) & VO STAR

50-60 minutes

\$120

*Please note: Fees are in addition to any applicable Medicare billing.



VISION THERAPY

The vision therapy sessions will be conducted at Eyecare Kids vision therapy clinic. Most patients require 6 to 12 months of vision therapy, while complex binocular problems may take longer to treat.

VISION THERAPY FEES:

Initial Session	(Weekly / Fortnightly / Direct Debit Available)	\$120/session (45 min)
10 Week Program	One term of vision therapy (10 weeks)	\$1200 (Pre-payment required)
Vision Therapy with Senior Behavioural Optometrist		\$160/session
10 week program		\$1600

VT Equipment List (for Purchase)

Flippers	\$80	Tennis ball on a string	\$5
Lenses/prism	\$40	Syntonics goggles	\$30
Brock String	\$6	Lifesaver card	\$20
Red Green Goggles	\$20	Tranaglyph	\$50

1. Vision Therapy Orientation session

- ☑ Meet your vision therapist who will explain more about vision therapy and clarify any questions you might have
- ☑ Discuss goals you want to achieve by the end of the therapy
- ☑ Start with introductory visual activities and exercises

2. Vision Therapy Sessions (10 weekly in-office sessions)

- ☑ Each session is 45 minutes long. This includes in-office practice of activities and take home exercises.
- ☑ You will be expected to practice the exercises at home 15-20 minutes a day during the week.

Missed appointments – 24hr notice is required for any changes to the appointments, missed appointments may be rebooked for makeup sessions at \$40

Extra equipment – In some cases we may lend you equipment for a refundable deposit during the term.

Please Note

- Vision Therapy programs are not bulk billable to Medicare Australia or covered under Private Health Insurance.
- The number of terms/ programs required to reach therapy goals will vary for each child. A review is scheduled typically after either 3 or 6 months of vision therapy.
- We are happy to re-schedule appointments for illness and special family/school events.
- No refunds are provided if you change your mind and decide not to proceed and/or complete the program.

*Please note: Fees are in addition to any applicable Medicare billing.



COMPUTERISED HOME VISION THERAPY

PTS (Perceptual Therapy Systems)



PTS II is a home- based computerized perceptual therapy program that has been designed to address a variety of visual perceptual / information processing domains. These include simultaneous processing, sequential processing, speed-of-information processing, visual temporal processing, and rapid automatized naming.

\$200

Vision Builder (for Windows only)



Vision Builder is a home Vision Therapy program designed to treat both binocular vision disorders such as convergence problems (i.e. eye-teaming problems), accommodation problems (i.e. non-refractive focusing difficulties), suppression (i.e. “lazy eye”) and eye-tracking difficulties, as well as visual perceptual or visual information processing difficulties that can impact on a student’s learning by limiting their ability to understand and remember what they see.

\$200

TOMATIS PROGRAM



Tomatis is a listening program to support auditory processing - The initial phase is 14 days with 1 1/2 hours listening each day depending on the age of the child and the issue to overcome. After the first program, there is a 4-week break. Further 14 day programs may be recommended.

\$900
(for a 2 week program)

***Our optometrist SooJin Nam is a Level 1 Tomatis Practitioner**

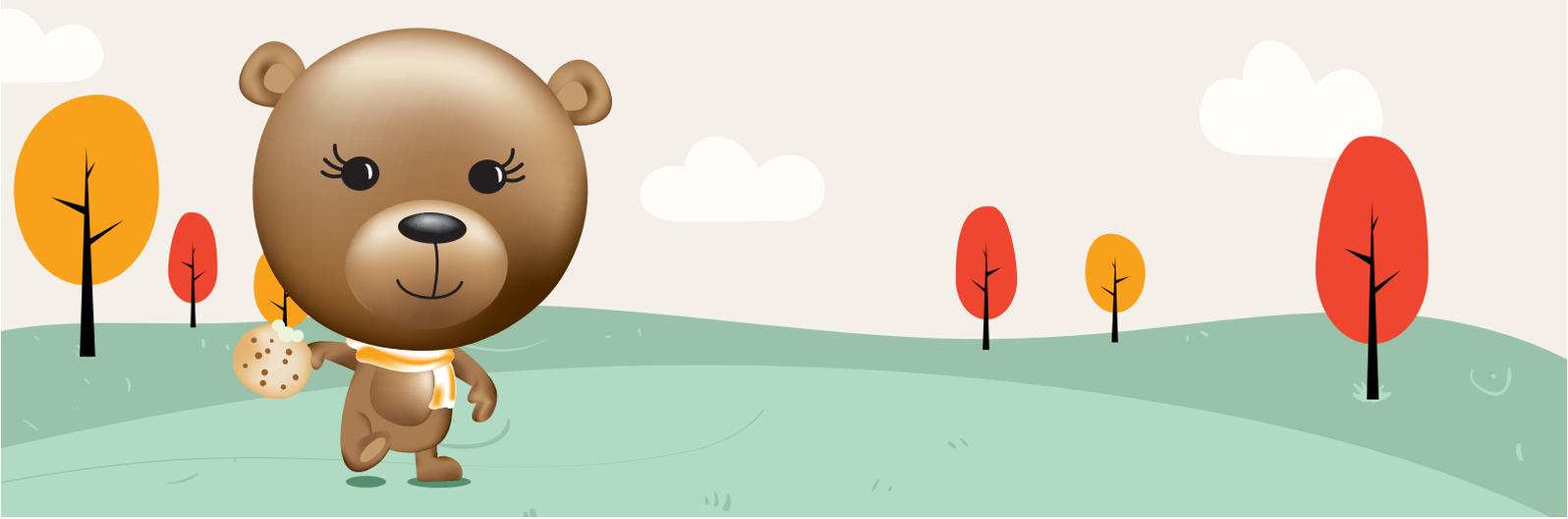
COGMED (Working Memory Program)



COGMED is a computerised program that specifically targets working memory. It combines cognitive neuroscience with innovative computer game design and close professional support to deliver lasting benefits for your child.

\$1500

*Please note: Fees are in addition to any applicable Medicare billing.



MYOPIA MANAGEMENT WITH CONTACT LENSES

Myopia (also known as 'short-sightedness') is a progressive condition that requires lifelong eyecare. Contact lenses are a useful modality for controlling the progression of myopia, potentially more effective than spectacles and time outdoors. There are several contact lens options available, each with their own benefits.

MiSight Contact Lens (1-day lenses) MiSight® 1 day

MiSight daily disposable contact lenses not only optically correct existing myopia, giving clear distance and near vision, but MiSight has also been proven to slow the progression of myopia in most children.

- Includes 30-day trial period

\$1000* Yearly fee

\$120 Consultation fee

*Includes **checkupkids**
& 4 boxes of 90 packs = 1 year supply

NaturalVue (1-day lenses)

Clinically effective for controlling myopia progression - showing 96%¹ decrease in the rate of myopia progression.

- Includes 30-day trial period

\$1300* Yearly fee

\$120 Consultation fee

*Includes **checkupkids**
& 4 boxes of 90 packs = 1 year supply

MYOPIA MANAGEMENT WITH MIYOSMART

Hoya MiyoSmart lenses with VP Coating

MiyoSmart is an innovative spectacle lens for myopia control developed by Hoya together with its research collaborator. Based on a two-year clinical trial results, MiyoSmart is proven to curb myopia progression in children in average by 60%² with its award-winning D.I.M.S. (Defocus Incorporated Multiple Segments) technology.

- Includes prescription change remake guarantee with 60 days

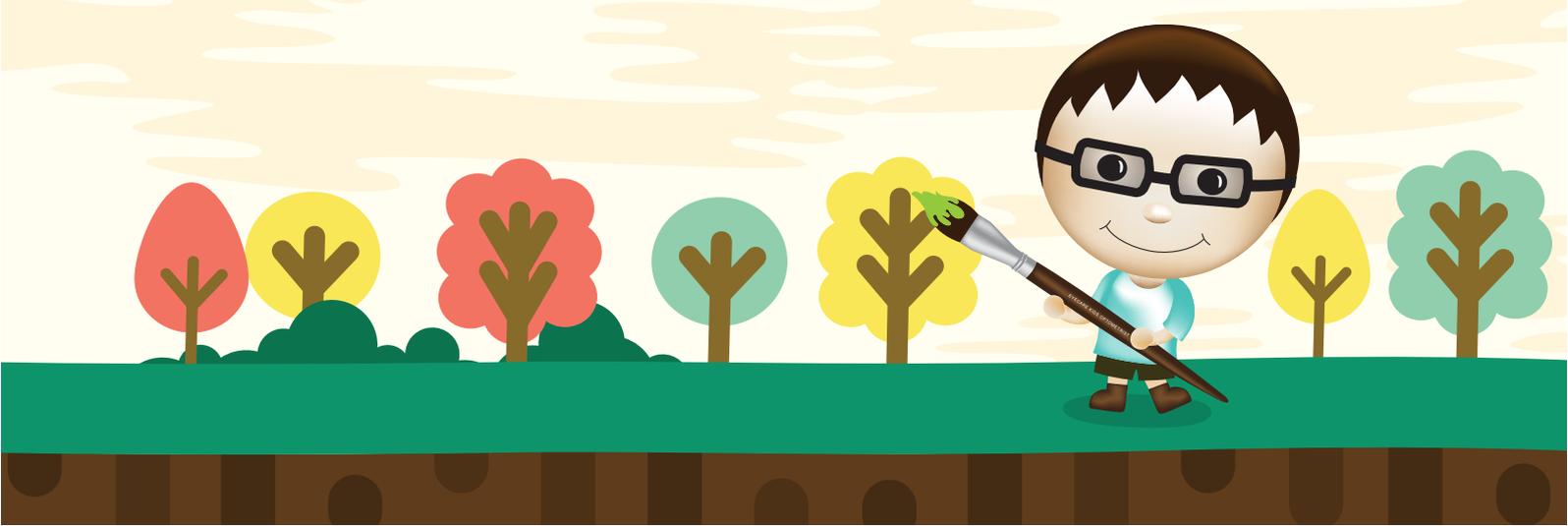
\$800 /Pair of lenses

*Includes **checkupkids**
& CR39 single vision hard lenses if required (spare pair)

checkupkids

Fee is inclusive of corneal topography, central retinal imaging, and visual skills tests.

*Please note: Fees are in addition to any applicable Medicare billing.



ORTHO-K LENSES

Wear ortho-k lenses while you sleep and enjoy clarity of vision in the morning! This surgery-free alternative to myopia (short-sightedness) gently reshapes your cornea while you sleep and is recommended for children and adults with a strong family history of myopia and whose myopia is progressing.

Ortho-K with Standard Custom Fit

*Refit: 20% OFF program for re-fit of lenses at 18-24 months when paid in full

\$1600	
Consultation	\$800
Ortho-k Lens	\$800

Ortho-K with Advanced Custom Fit

*Special Offer: 20% OFF program for re-fit of lenses at 18-24 months when paid in full

\$2200	
Consultation	\$950
Ortho-k Lens	\$1250

PROGRAM

Program is inclusive of all consultation fees relating to the fit of the Ortho-K contact lens for 3 months which includes the following:

- ✓ Initial corneal mapping and suitability assessment (1 hour consultation)
- ✓ Specialty contact lens delivery and use and care instruction
- ✓ First overnight assessment
- ✓ First week assessment
- ✓ First month assessment
- ✓ Includes corneal and retinal images for the first 12 months
- ✓ Includes visual skills tests
- ✓ 6 monthly reviews are recommended to ensure optimum fit and health

GIFT PACK for NEW WEARERS

FREE GIFT Solution and eyedrops bundle. Includes:

- ✓ Multipurpose cleaning solution
- ✓ Saline
- ✓ Protein Cleaner
- ✓ Lubricating Eyedrops
- ✓ Suction cups
- ✓ Starter Kit

PEACE OF MIND

- ✓ Refund Guarantee (less \$500) if unsuccessful after 3 months
- ✓ FREE replacement of a broken or lost Ortho-K lens within 3 months of receiving the first Ortho-K lens pair
- ✓ For replacement costs after the first 3 months up to the 6 months period, 50% off the original Ortho-K lens price
- ✓ If more than 3 fits are required due to the complex nature of the fit, a replacement fee may be incurred and your optometrist will advise

*Please note: Fees are in addition to any applicable Medicare billing.